



# KEEPING YOU SAFE & INFORMED

## COVID-19 RESPONSE 3-30-2020

### **Update Change**

Since the beginning of the COVID-19 emergency in Iowa, a response group has been meeting each weekday to coordinate response efforts for the DOT. As the rhythm of our response starts to stabilize, this group has moved to meeting Monday, Wednesday, and Friday this week. Because of that, we will be sending out our regular updates on Monday, Wednesday, and Friday as well. Of course, if something pressing comes up, we will send that information out as necessary.

### **Stay connected**

Don't forget that Iowa's DOT's COVID-19 pages at <https://iowadot.gov/covid-19> (outside the DOT network) or <http://dotnet/covid-19/> (inside the DOT network) are your best source of information on COVID-19 in regards to how it impacts the Iowa DOT. Make sure you are familiarizing yourself with the information to help you stay informed.

### **Here's what we know**

- There have been 88 new positive cases reported today, making a total of 424 positive cases confirmed in Iowa. Unfortunately, Iowa has seen 6 deaths so far due to COVID-19. To get the latest stats and a map of counties with positive cases check the state's [COVID-19 website](#).

### **Here's what we are doing internally**

- Unknown situations like the one we find ourselves in now, can be stressful. But often times there are some simple steps you can do to help you cope with that stress. A [resource for stress reduction](#) is now available on the DOT's COVID-19 sites under the safety section.
- Don't forget that the Q&A session video featuring directors Marler and Clabaugh are available anytime on the DOT's COVID-19 websites at <https://iowadot.gov/covid-19> (outside the DOT network) or <http://dotnet/covid-19/> (inside the DOT network).

We will continue to keep you informed on what the Iowa DOT is doing to respond. Please stay safe, stay home when possible, and remember to practice good hygiene and social distancing!