



KEEPING YOU SAFE & INFORMED

COVID-19 RESPONSE 3-22-2020

Visit the CDC's Travelers site for most up to date information.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

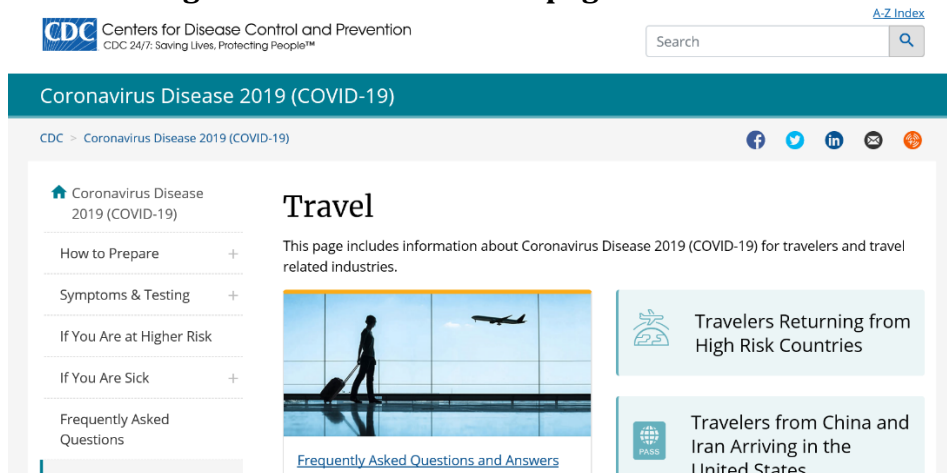
Announcements:

Any travel outside of Iowa, for business or vacation purposes, the Iowa DOT is requiring you to self-isolate for 14 days. We will continue to monitor the CDC's recommendation and data to determine if this will be expanded to other states (<https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>)

If an Iowa DOT employee has traveled, the supervisor will need to discuss with the employee, upon return, where they traveled to, how they got there, and what stops did they make in their journey.

Please note, the information can change rapidly.

How to navigate the CDC's Travelers page:



Once the link is opened, scroll down until "Search COVID-19 risk assessment by country."

Travel in the United States
Communication Resources
FAQ for Travelers
Cases & Latest Updates
Schools, Workplaces & Community Locations
Healthcare Professionals
Healthcare Facilities
Health Departments
Laboratories
Communication

Resources for Air Carriers and Crews

- Managing and Reporting Ill Travelers
- FAA-CDC Interim Health Guidance [PDF - 7 pages]

Cruise Ship Travel

Geographic Risk Assessment for COVID-19 Transmission
CDC has established geographic risk-stratification criteria for the purpose of issuing travel health notices for countries with COVID-19 transmission and guiding

Search COVID-19 risk assessment by country.

Navigate the map by searching the destination(s) in the search field on the top right.

Information regarding Level 2 areas (Practice Enhanced Precautions):

Alert – Level 2, Sustained Community-Level Transmission—Special Precautions for High-Risk Travelers

Key Points

- Sustained community spread [of respiratory illness caused by the novel \(new\) coronavirus \(COVID-19\)](#) is occurring globally. Some countries have widespread sustained spread.
- Older adults and people of any age with serious chronic medical conditions are at increased risk for severe disease and should consider postponing nonessential travel.
- Travelers should avoid contact with sick people and wash their hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Travelers should monitor their health and limit interactions with others for 14 days after returning from travel.
- Travelers that are sick with fever, cough, or have trouble breathing should stay home and call ahead before seeking medical care.

<https://wwwnc.cdc.gov/travel/notices/alert/coronavirus-global>