SAFE WALKING

- Cross streets safely, using traffic signals and crosswalks.
- Use sidewalks where available. If sidewalks are unavailable, walk facing road traffic.
- Watch out for vehicles that are turning or backing up.
- Use a flashlight when walking at night.
- Cross streets in a well-lit area at night.
- Stand clear of bushes, hedges, parked vehicles or other obstacles before crossing the street so motorists can see you.
- Remain alert! Do not assume drivers will stop; make eye contact with drivers.
- Look left, right and left again before crossing a street.

FOR MORE INFORMATION VISIT:

www.iowadot.gov/iowabikes
www.iowabicyclecoalition.org

Pedestrian Safety for Kids

Office of Systems Planning
800 Lincoln Way • Ames, Iowa 50010
515-239-1713

Federal and state laws prohibit employment and/or public accommodation discrimination on the basis of age, color, creed, disability, gender identity, national origin, pregnancy, race, religion, sex, sexual orientation or veteran's status. If you believe you have been discriminated against, please contact the Iowa Civil Rights Commission at 800-457-4416 or Iowa Department of Transportation’s affirmative action officer. If you need accommodations because of a disability to access the Iowa Department of Transportation’s services, contact the agency’s affirmative action officer at 800-262-0003.
FOR KIDS

- Do not cross a street alone if you are under 10.

- Hold an adult’s hand when you cross the street.

- Look left, right and left again before you cross the street, and keep looking both ways until you reach the other side.

- Walk on direct routes with the fewest crossings.

- Cross the street at the corner or at a crosswalk; and obey all traffic signals.

- Always walk on a sidewalk, where possible.

- If walking when it is dark, wear light-colored clothing so drivers can see you.

- Never run out into a street for a ball, pet or any other reason.

FOR KIDS

- Make sure children play in safe places away from motor vehicles, such as yards, parks and playgrounds; and never play in the street. Fence off play areas from driveways and streets.

- Buy clothing and accessories for your family to wear at night that are made from materials that reflect light.

- Check frequently for children when backing out of a driveway or parking space.

- Do not cross a street alone if you are under 10.

- Hold an adult’s hand when you cross the street.

- Look left, right and left again before you cross the street, and keep looking both ways until you reach the other side.

- Walk on direct routes with the fewest crossings.

- Cross the street at the corner or at a crosswalk; and obey all traffic signals.

- Always walk on a sidewalk, where possible.

- If walking when it is dark, wear light-colored clothing so drivers can see you.

- Never run out into a street for a ball, pet or any other reason.

- Look over the weather report; consider avoiding outdoor activities until the weather improves.

- Make sure children wear boots that are not too tight and a warm coat.

- Property owners should always keep their sidewalks and driveways shoveled and use rock salt to improve traction.

- Take extra precautions when dusk or evening approaches. A driver’s ability to see during these times of day is greatly reduced.

WINTER WALKING

- Make sure children play in safe places away from motor vehicles, such as yards, parks and playgrounds; and never play in the street. Fence off play areas from driveways and streets.

- Buy clothing and accessories for your family to wear at night that are made from materials that reflect light.

- Check frequently for children when backing out of a driveway or parking space.