

# Route Planning Tool

GET THERE YOUR WAY – CONVENIENT PERSONALIZED TRAVEL

We realize there may be a variety of reasons why driving isn't an option for you right now – from being ineligible for a driver's license, a temporary or long-term medical condition, retiring from driving, socio-cultural reasons, re-entering society, the cost of owning and maintaining a vehicle, or personal choice and convenience.



## PLANNING FOR CHANGE

Planning for change – for mobility – is planning for success and independence. The following information serves as a planning tool and resource to Get Where You Need to Go, When You Need To Go.



### INFORMATION IS POWER

It helps us see new options to make more informed decisions. Ask questions. Check around. What do your friends, community neighbors, or family know? Contact your local mobility manager (<https://iowadot.gov/transit/iowa-transit-services/transit-agency-maps-and-listings>) to discuss mobility options that fit your needs.



### PLANNING FOR SUCCESS

Family members, service providers, and friends can help you plan or 'map out' your transportation options using the following route planning tools. Taking the time to plan for success will help reduce stress or anxiety, and uncertainty.










### MAKING CHANGE & MAKING DECISIONS

We can't control external factors. Even when change is unwanted, you have the ability to adapt and thrive in a new 'normal.' A part of this process may be identifying what may change and what will not change. Thinking about the transition process can make change more manageable for you, your family, and friends.

Visit our website ([iowadot.gov/GETTHEREYOURWAY](https://iowadot.gov/GETTHEREYOURWAY)) to learn more about transportation options.

# MY LOCAL COMMUNITY TRANSPORTATION SERVICES INFORMATION

	TYPE OF TRANSPORTATION SERVICE	NAME OF TRANSPORTATION COMPANY	AREA COVERED	DAYS, HOURS & SERVICES PROVIDED	COST
	Local Bus Service				
	Local Paratransit Service				
	Taxi Service				
	Iowa Rideshare				
	Uber/Lyft				
	Bike/Pedestrian Trails				
	Non-Emergency Medical Transportation				

# MY LOCAL COMMUNITY TRANSPORTATION CONTACT INFORMATION

	FRIEND, FAMILY, NEIGHBOR, OR COMMUNITY RESOURCE	NAME	ADDRESS	PHONE NUMBER	LIKELY DESTINATIONS
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

# MOBILITY NEEDS & CHOICES PLANNING TOOL

Use the “My Transportation Plan” resource below to identify your mobility-related needs.

Consider whether these activities are during business hours, if drivers that you ride with are still driving at night, and the distance and conditions you may encounter.

Consider whether you’ll need help with packages and other details of each trip.

After you have listed your activities, consider ways to simplify, combine, or prioritize them to best meet your needs.

## MY TRANSPORTATION PLAN

ACTIVITY	TIME	LOCATION	FIRST CHOICE	ALTERNATIVE
Groceries				
Other Shopping				
Activities				
-				
-				
-				
Appointments				
- Medical				
- Vision				
- Dental				
Other				
-				
Pharmacy				
Travel Out of Town				



## MY TRANSPORTATION PLAN COMPLETED SAMPLE

ACTIVITY	TIME	LOCATION	FIRST CHOICE	ALTERNATIVE
Groceries	Saturday Mornings	Fareway	Jackie H. \$0	Delivery \$20
Other Shopping				
Activities				
- Church	10:30 AM, Sundays	St. Paul's	Family	Church Van
- Bingo	9:00 AM, Tuesday	Community Center	City Bus	Carlos V.
-				
Appointments				
- Medical	1st Thursdays	Dallas Center	Paratransit Service	Taxi \$15
- Vision				
- Dental				
Other				
-				
Pharmacy	As needed	Hy-Vee	Neighbor Stephen F.	Delivery
Travel Out of Town	September	Pella & Pumpkin Patch	Friend Kamila T.	Bus

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