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For more information, contact Customer Services Bureau at: **515-244-9124** or online at: https://iowadot.gov/mvd/driverslicense/Medical-Vision

Re-examination testing: Assessing or reevaluating an individual's capacity to safely operate a motor vehicle.

Testing includes:

- Vision Screening
- Cognitive Screening
- Knowledge exam
- On the road driving exam

Additional requirements such as a satisfactory medical or vision report form from a healthcare provider or specialist may be requested before completing the lowa DOT testing requirements.

Re-examinations are unique to the individual, requirements are listed in a customer's re-examination notice.



Am I a Safe Driver?

Check the box if the statement applies to you.

I get lost while driving.
My friends and family members say they are worried about my driving.
Other vehicles seem to appear out of nowhere.
I have trouble seeing signs in time to respond to them.
Other drivers drive too fast.
Other drivers often honk at me.
Driving stresses me out.
After driving, I feel tired.
I have had more "near misses" lately.
Busy intersections bother me.
Left-hand turns make me nervous.
The glare from oncoming headlights bothers me.
My medication makes me dizzy or drowsy.
I have trouble turning the steering wheel.
I have trouble judging distances of approaching vehicles.
I have trouble staying in my lane.
I have trouble pushing down on the gas pedal or brakes.
I have trouble looking over my shoulder when I back up.
The police have stopped me recently for my driving.
People will no longer accept rides from me.
I don't like to drive at night.
I have more trouble parking lately.
Signs confuse me.

If you have checked any of the boxes, your safety may be at risk when you drive. Talk to your doctor about ways to improve your safety when you drive.

Safety Workbook Multiple Choice and True/False

Questions and information are provided to help you measure your knowledge and assist you in identifying any problems you may have while driving.

(Answers are on the back cover.)

Direction: Place an "X" next to the correct answer.				
1.	You are driving and approach a visually impaired pedestrian carrying a white cane or accompanied by a guide dog attempting to cross the street. What must you do? a. Pass if you slow down and sound the horn. b. Yield the right-of-way and stopc. Pass if there are no vehicles approaching from the opposite direction		When approaching a flashing yellow signal light, you must:a. come to a complete stopb. slow down and proceed with cautionc. wait for the light to stop flashing. If a green arrow points to the right while a red traffic light is showing:a. turn right only after stopping. b. go straight ahead after checking	
2.	Even if you are driving under the posted speed limit, you could be violating the speed law if: a. you fail to sound your horn when you pass another vehicleb. you slow down to make a turn at the next intersection c. you are driving too fast for	7.	for traffic and pedestriansc. turn cautiously in the direction of the arrow and be alert for pedestrians. When passing a vehicle, do not return to the right-hand lane until you can	
	weather conditions.		see the vehicle you have passed in your:a. side mirror.	
3.	Never change lanes without: a. signaling your intentionsb. looking over your shoulder and checking the blind spotc. All of the above.	8.	b. rearview mirror. c. back window. When approaching a stop sign, you must come to a complete stop:	
4.	The law requires that you dim your headlights at least 1000 feet before you meet an oncoming vehicle. How far back do you dim your headlights before approaching another vehicle from the rear?		a. before the signb. anywhere in the intersectionc. behind the stop line, before entering the crosswalk or before entering the intersection, if there is no crosswalk.	

_a. 800 feet _b. 400 feet c. 500 feet

9.	If a right turn is permitted at a red	14. Night driving can be made safer by
	stop light, you must:	applying the following rule:
	a. turn immediately into the	a. drive at a fast speed
	intersection.	b. wear prescribed sunglasses
	b. follow the traffic ahead of you.	c. travel at a speed that will enable you
	c. come to a complete stop,	to stop within the distance lighted by
	proceed with caution and yield	
	the right-of-way to vehicles and	your headlights
	pedestrians in the intersection.	
		15. If a driver hears or sees an
10	. If your vehicle's right wheel goes off	emergency vehicle on a roadway
	the edge of the pavement while the	not separated by a median strip,
	vehicle is in motion, you should:	the driver must:
	a. increase your speed and get	a. pull to the right when it is safe to
	back on the road immediately.	do so, and stop until the emergency
	b. without braking, turn to the left.	vehicle has passed.
	c. grip the steering wheel firmly,	b. increase his/her speed.
	do not accelerate, brake	c. turn at the next intersection.
	gently and turn back on the	
	road when it is safe to do so	16. A single solid yellow line on your side of the
	(after approaching traffic has	centerline on a two-lane pavement means no
	passed).	passing.
	раззеи).	a. True
4.4		b. False
11	. Most rear-end collisions are caused	
	by:	17. Under normal driving conditions, a good
	a. improper following distance between two or more vehicles.	rule of thumb to ensure a minimum safe
	b. slow speed of traffic.	following distance is the:
	c. poor road conditions.	a.10-second rule
	c. poor roud conditions.	b.eight-second rule
12	When driving on a climany year and	c.two-second rule
12	. When driving on a slippery road and	
	your vehicle starts to skid, you should:	18. In case of a tire blowout while
	a. drive close to the edge of the roadb. stop instantly.	driving you should:
	c. steer in the direction that the	a. grip the steering wheel firmly
	rear wheels are skidding.	and do not brake, but reduce speed.
	real wheels are skidding.	b. increase your speed.
4 -		c. quickly turn onto the shoulder of
13	. If your doctor changes or prescribes	the road.
	new medication, you should ask the	tile rodu.
	doctor if the medication will affect	
	your ability to drive safely.	
	a. True	
	b. False	

19. When approaching an intersection with a traffic control signal and the light turns from green to yellow, you	24. When there are two or more lanes of traffic moving in each direction, what type of center line is used?		
should:	a. One single solid yellow line		
a. not enter the intersection.	b. Broken white lines		
b. increase your speed.	c. Two solid yellow lines		
c. blow your horn and continue	25. On a <u>two-lane</u> roadway, you must always stop for a school bus flashing its red warning lights and extending its stop signal arm when:		
through the intersection.			
20. When driving in dense fog, you should:	a. approaching the school bus from behind		
a. use your bright lights.	b. approaching the school bus from the		
b. stop your vehicle on the road.	front.		
c. travel cautiously at a safe speed within	c. approaching the bus in either direction.		
the limits of your vision.	26. A left turn is permitted at a red light when the driver:		
21. Two vehicles approach an	a.turns from the farthest left lane of a one-		
intersection from different directions	way street into the farthest left lane of a		
at the same time. There are no stop	one-way street.		
signs, yield signs or traffic control lights. Which driver must yield?	b. signals for the turn, stops completely		
a. the driver on the left	and yields right-of-way to on-coming		
	traffic.		
b. the driver on the right	c. Both a and b		
c. the driver who first sounds his/			
her horn	27. When approaching a flashing red signal light, you must:		
22. When making a left turn, you have	a. come to a complete stop.		
the right of way over other vehicles.	b. proceed with caution.		
a. True	c. wait for a green light before proceeding.		
b. False			
	28. When you come to a railroad crossing without		
23. At intersections, railroad crossings,	flashing warning signals or crossing gates, you should:		
bridges, or in bad weather conditions, motorcyclists and bicyclists should:	a. increase your speed and cross the tracks		
a. be expected to yield to all vehicles.	as quickly as possible.		
b. be allowed the same privileges as	b. stop immediately.		
other vehicles.	c. be alert, slow down, be prepared to stop,		
c. be allowed extra room since the	and proceed with caution, if no		
motorcycle or bicycle may tip.	train is approaching.		

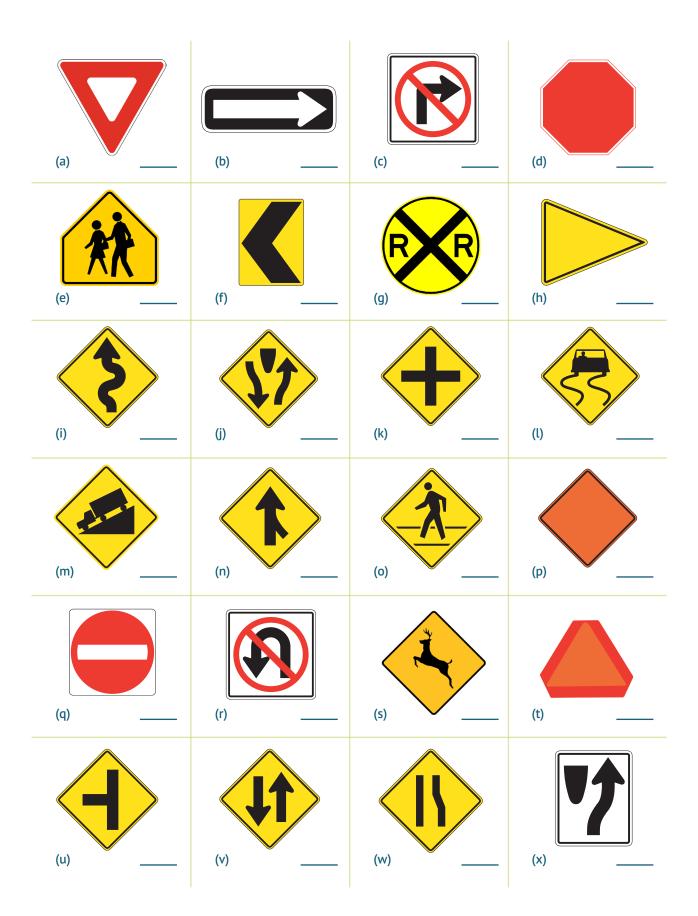
29. When a traffic signal turns green, you may proceed: a. after looking in both directionsb. instantlyc. after yielding the right-of-way to pedestrians and vehicles still in or entering the intersection.	34. Iowa law requires that in residential areas, turn signals must be given at least: a. 50 feet before turningb. 100 feet before turningc. 200 feet before turning.
	35. Grandparents:
30. When parking downhill on a street	a. do not need to use child safety seats when transporting
with curbing, you must:	grandchildren under the age of six.
a. turn the wheels away from the curb.	b. should not transport
b. turn the wheels toward the	grandchildren.
curb.	c. must use a child safety seat when
c. It does not make any difference.	transporting children under age six and must use either a child
31. When driving out of an alley, private	safety seat or seat belt for trans
road or driveway in an urban area:	porting children between the ages
a. slow down. b. sound your horn.	of six and 18.
c. stop before entering the	36. To turn safely into a sharp curve
sidewalk area and yield the	ahead, you should:
right-of-way to pedestrians and	a. slow down before entering a curve
vehicles.	b.reduce your speed after entering
	a curve.
32. If you pass your intended exit on an	c. stop and proceed with caution.
interstate or expressway, you should:	
a. stop and back up on the shoulder	37. To prevent skidding (hydroplaning)
of the road.	when driving on wet pavement, always:
b. go on to the next exit.	a. increase the speed of your vehicle.
c. park and wait for help.	b. apply your brakes.
	c. reduce your vehicle's speed.
33. When planning to pass a motorcycle,	
bicycle or moped, always:	38. When are broken white lines (dashes)
a. share the same lane with the motorcycle, bicycle or moped.	used on streets or highways?
b. sound your horn and accelerate	a. When passing is prohibited
your vehicle.	b. On two-lane pavements
c. change lanes and pass the same	c. To divide lanes on streets and
way you would pass	highways having more than one lane of traffic moving in the
another vehicle.	same direction
	Julie all celloll

39. When a driver is in an intersection	45. High beam glare of oncoming
waiting to make a left turn, the front	headlights can be reduced by:
wheels of his/her vehicle should be	
positioned:	a. occasionally looking at the white
a. left.	stripe at the right edge of
b. straight.	the pavement.
c. at a 90-degree angle.	b. looking at the centerline
	of the road.
40. The right-of-way is:	c. wearing sunglasses.
a. to be taken.	
b. to be demanded.	42.70
c. to be given.	46. The legal speed limit in a school zone is:
	a. 20 mph.
41. When approaching a sign that reads	b. 25 mph.
"Merging Traffic," you must:	c. 30 mph.
a. stop your vehicle before	
proceeding.	47. After a train has passed, the general rule
b. try to "beat the traffic."	of thumb is to continue as soon as the
	train clears the railroad crossing.
c. adjust your speed and position to avoid a collision with	a. True
other vehicles.	b. False
42. You may cross a double yellow line	48. In cold weather, bridges may be icy
marking only under the following	even when other roads are dry.
conditions:	
a. When approaching an intersection.	a. True
b. To make a left turn into or from	b. False
any alley, private road or	
driveway.	49. You may pass another vehicle by using the
c. On city streets.	shoulder of the road:
c. On city streets.	a. when the vehicle in front of you is
47 When somelating a right turn out a	making a left-hand turn.
43. When completing a right turn onto a	b. to go around a slow-moving
multi-lane road, you should complete	vehicle.
the turn in the:	c. You are not allowed to pass on
a. lane nearest the left-hand curb.	the shoulder of the road.
b. lane nearest the right-hand curb.	50. If you get stranded in a winter storm,
c. middle lane in the intersection.	you should:
44 11 1	a. leave your vehicle to find help.
44. Unless otherwise posted, the speed	b. stay inside your vehicle and wait
limit on a residential street is:	for help.
a. 25 mph.	c. get out and try to push your
b. 30 mph.	
c. 35 mph.	vehicle.

Highway Signs Quiz

Place the correct number in the space below each of the signs on the next page. (Answers are on the back page.)

- 1. School Zone and Crossing
- 2. No U-Turn
- 3. No Right Turn
- 4. Merging Traffic from the Right
- 5. Crossroad
- 6. Two Lanes Merging Into One
- 7. Stop
- 8. Yield Right-of-Way
- 9. Side Road
- 10. Winding Road
- 11. Two-Way Traffic
- 12. Approach to a Divided Highway
- 13. Do Not Enter
- 14. Deer Crossing
- 15. Railroad Crossing Ahead
- 16. Pedestrian Crossing
- 17. Slow Moving Vehicle
- 18. No Passing Zone
- 19. Road Construction/Maintenance
- 20. One-Way
- 21. Hill
- 22. Keep to the Right
- 23. Slippery When Wet
- 24. Warning of Change in Direction



Safe Driving Tips for Older Drivers

Tip # 1: Drive with care

Always

- Plan your trips ahead of time. Decide what time to leave and which roads to take. Try to avoid heavy traffic, poor weather and high-speed areas.
- Wear your safety belt and wear it correctly. It should go over your shoulder and across your lap.
- Drive according to conditions and your capability. It's unsafe to drive too fast or too slow.
- Be alert! Pay attention to traffic at all times.
- Keep enough distance between you and the vehicle in front of you.
- Be extra careful at intersections. Use your turn signal and remember to look around you for people and other vehicles.
- Check your blind spot when changing lanes or backing up.
- Be extra careful at train tracks. Remember to look both ways for trains.
- When you take a new medicine, ask your doctor or pharmacist about
 possible side effects. Many medicines may affect your driving even when you
 feel fine. If your medicine makes you dizzy or drowsy, talk to your doctor to
 find out ways to take your medicine so it doesn't affect your driving.

<u>Never</u>

- Drink and drive.
- Drive when you feel angry or tired.
- Eat, drink or use a cell phone while driving.

If

- You don't see well in the dark, try not to drive at night or during poor weather.
- You start to feel tired, stop your vehicle somewhere safe. Take a break until you feel more alert.

Safe Driving Tips for Older Drivers

Tip # 2: Take care of your vehicle

- Make sure you have plenty of gas in your vehicle.
- Have your vehicle tuned up regularly.
- Keep your windshield and mirrors clean.
- Keep a cloth in your vehicle for cleaning your vehicle's windows.

Tip # 3: Know where you can find a ride

How do you get around when your vehicle is in the repair shop? What if the weather is bad... do you have an alternative plan? If you don't know the answer to these questions, it's time for you to put together a "transportation plan." A transportation plan is a list of all the ways that you can get around. Use this list when your vehicle is in the repair shop or when you don't feel safe driving. Your transportation plan might include:

- · Rides from friends and family.
- Taking a taxi or bus.
- Riding the shuttle.

Tip #4: Take care of your health

- Visit your doctor and vision specialist regularly.
- Eat a healthy diet.
- Exercise to stay fit. You need strength and endurance to drive safely.

Tip #5: Take care of your emotional health

- Keep in touch with family and friends. It's important to maintain your social life.
- Exercise your mind. Keep your mind active by reading books, doing crossword puzzles and taking classes.
- Stay involved. Join community activities or volunteer projects.
 Somebody needs what you can offer.

Safe Driving Tips for Older Drivers

- Make sure you do not drive with your disabled parking permit hanging from your rearview mirror.
- Your parking permit can hide cars and pedestrians from your view it could be someone you know that you are not seeing! (Shown in pictures below)





Remember: This permit should be displayed only when parked!

Additional Resources.

For additional resources on senior driver safety, please visit:

https://iowadot.gov/mvd/driverslicense/Medical-Vision
https://iowadot.gov/mvd/driverslicense/Retiring-from-driving/Should-you-stop-driving
https://iowadot.gov/getthereyourway/home

• AARP Driver Safety Program: 888-227-7669

Be sure to review all materials included in your re-examination kit for specific requirements relevant to your situation.

Answer Keys

Answers to Highway Signs Quiz

a	8	b 20	c 3	d 7
е	1	f 24	g 15	h 18
i	10	j 12	k 5	l 23
m	21	n 4	o 16	p 19
q	13	r 2	s 14	t 17
u	9	v 11	w 6	x 2 2

Safety Workbook Multiple Choice and True/False Answers

1. b	11. a	21. a	31. c	41. c
2. c	12. c	22. b	32. b	42. b
3. c	13. a	23. c	33. c	43. b
4. b	14. c	24. c	34. b	44. a
5. b	15. a	25. c	35. c	45. a
6. c	16. a	26. a	36. a	46. b
7. b	17. c	27. a	37. c	47. b
8. c	18. a	28. c	38. c	48. a
9. c	19. a	29. c	39. b	49. c
10. c	20. c	30. b	40. c	50. b

